

Building a
continuum of
care responsive
to the needs
of youth.

ADOLESCENT EARLY INTERVENTION AND SUD TREATMENT SUMMIT

November 8-9, 2017

Doubletree by Hilton Hotel Sacramento
2001 Point West Way, Sacramento, CA 95815

Summit is sponsored by

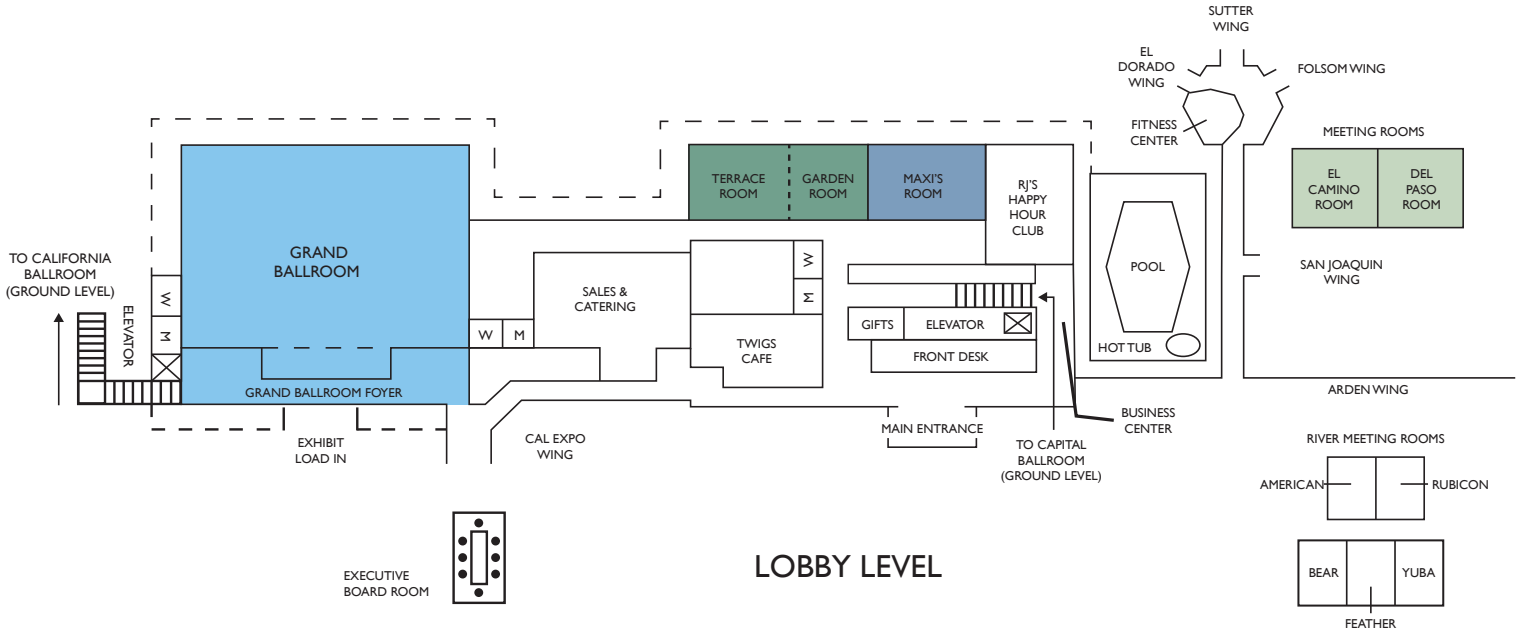


blue  of california
foundation

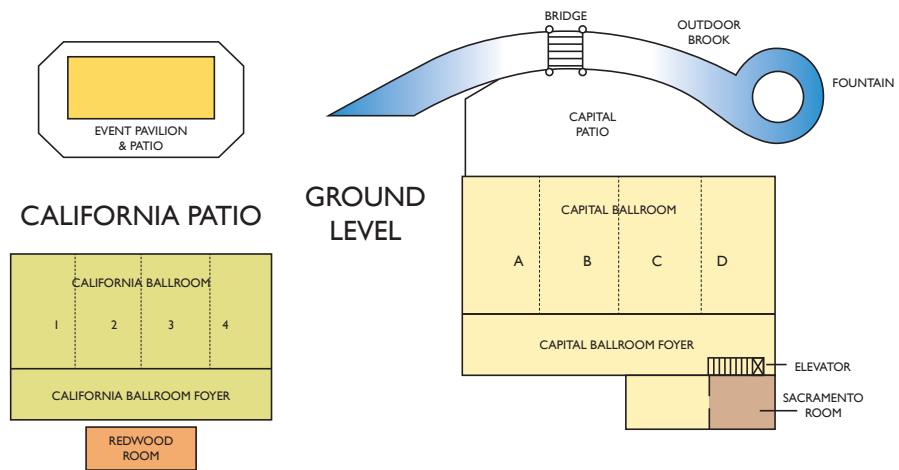
Blue Shield of California Foundation is an independent licensee of the Blue Shield Association

MAP

DOUBLETREE HOTEL SACRAMENTO - MAIN LEVEL



DOUBLETREE HOTEL SACRAMENTO - LOWER LEVEL



Dear Colleagues,

Welcome to the CIBHS Adolescent Early Intervention and SUD Treatment Summit! With the opportunities, the funding, and the challenges presented by the implementation of DMC-Organized Delivery System 1115 Waiver, the idea for a Summit emerged from CIBHS's work with the California Behavioral Health Directors' Substance Abuse Prevention and Treatment Committee. Supported by the Blue Shield of California Foundation, the CIBHS DMC FORUM has provided a collaborative think tank for county administrators in the planning and implementation of the Drug Medi-Cal Organized Delivery System.

The Summit will include in depth discussion of the epidemiological, developmental, and public health considerations in the development of a system of services for youth. Most agree that, at this starting point for creating a youth system of care, we need an examination of the unique needs of adolescents, lessons learned from other states and the best practices available to us as we move forward. It is a time for new ideas, for collaboration and to seize the opportunity to build a SUD system of care for youth that does not currently exist in California. The Summit is by no means exhaustive, but it is a beginning and we hope will serve as a catalyst for further dialogue, policy development and innovation.

During the Summit, I encourage you to dialogue with each other, build upon existing relationships and develop new ones. We hope you will find this time valuable and that you can take these ideas and best practices back to the program design discussions that will be occurring in your county and your organizations as we strengthen and build robust adolescent services in your communities.

I would like to thank Blue Shield of California Foundation, the California Institute for Behavioral Health Solutions, and Partnership HealthPlan of California, for their support of this summit and their commitment to supporting county behavioral health and substance use disorder leaders, providers, and stakeholders in the planning and implementation of an organized continuum of adolescent services under the Drug Medi-Cal Organized Delivery System.

I also want to thank Elizabeth Stanley-Salazar for all her ideas, drive, dedication that have made the DMC Forum such a success and this day a reality.

Thank you for attending the Summit and thank you for your commitment and excellent work that you do every day for our youth.

Sincerely,



Victor Kogler
Vice President
California Institute for Behavioral Health Solutions

ADOLESCENT EARLY INTERVENTION AND SUD TREATMENT SUMMIT

STEERING COMMITTEE

KAREN BAYLOR, PHD, LMFT

Deputy Director, Mental Health and Substance Use Disorder Services, Department of Health Care Services

RACHEL CASTANEDA, PHD, MPH

Associate Professor, Department of Psychology
Azusa Pacific University

TIMMEN CERMAK, MD

California Society of Addiction Medicine Policy Committee
and Member of Bureau of Cannabis Control Advisory
Committee

MICHAEL L. DENNIS, PHD

Senior Research Psychologist Chestnut Health System and
Director of its Global Appraisal of Individual Needs (GAIN)
Coordinating Center

WILLIAM W. HARRIS, MPS, CCPS, CADC-II

Assistant Regional Manager of the Substance Abuse
Prevention and Treatment Program at Riverside University
Health System, Behavioral Health

HOWARD PADWA, PHD

Research Scientist, UCLA Integrated Substance Abuse
Programs (UCLA-ISAP)

DJ PIERCE, OTR/L, MPA

Alcohol and Drug Program Administrator, Marin County
Department of Behavioral Health

JAN RYAN, MA

Prevention Consultant, Redleaf Resources

TOM RENFREE

Deputy Director, Substance Use Disorder Services
County Behavioral Health Directors Association of California

ELIZABETH STANLEY-SALAZAR, MPH

Program Manager, California Institute for Behavioral Health
Solutions (CIBHS)

JENNIFER STOFA, MS, LMFT

Program Manager, Substance Use Disorder and Recovery
Services, Butte County Department of Behavioral Health

WAYNE SUGITA, MPA (Retired)

Interim Director, County of Los Angeles Substance Abuse
Prevention and Control

DEBORAH WERNER, MA, PMP

Senior Program Manager, Advocates for Human Potential, Inc.

PAULA WILHELM, MPP/MPH

Senior Policy Analyst, County Behavioral Health Directors
Association of California (CBHDA)



A special thank you to Partnership HealthPlan who generously sponsored our reception.

Partnership HealthPlan of California (PHC) is a nonprofit, community-based health care organization that contracts with the state to administer Medi-Cal benefits through local care. PHC provides quality health care to more than 570,000 people in 14 Northern California counties - Del Norte, Humboldt, Lake, Lassen, Marin, Mendocino, Modoc, Napa, Shasta, Siskiyou, Solano, Sonoma, Trinity, and Yolo.

We would also like to take a moment to recognize the CIBHS staff who worked to bring us the Adolescent Early Intervention and SUD Treatment Summit.

ELIZABETH STANLEY-SALAZAR

Program Manager, CIBHS

PAIGE D'ANGELO

Program Coordinator, CIBHS

ADOLESCENT EARLY INTERVENTION AND SUD TREATMENT SUMMIT

WEDNESDAY, NOVEMBER 8, 2017

8:00 – 8:30 AM REGISTRATION GRAND BALLROOM

8:30 - 8:40 AM WELCOME. GRAND BALLROOM
Elizabeth Stanley-Salazar, MPH, Program Manager, CIBHS

8:40 – 9:30 AM BLUE PRINT FOR ADOLESCENT TREATMENT GRAND BALLROOM
Timmen Cermak, MD, California Society of Addiction Medicine Policy Committee and Member of Bureau of Cannabis Control Advisory Committee

Dr. Cermak will present a blueprint for a continuum of clinical care for adolescent substance use intervention and treatment recommended by California Society of Addiction Medicine. Together with CSAM’s newly developed Standards of Care for Adolescent Substance Use, based on principles and evidence that guide addiction medicine, the model blueprint interlinks education, prevention, early intervention and treatment to create a true continuum of care separate from today’s adult-focused SUD Treatment programs. Dr. Cermak brings his experience as chair of the Blue Ribbon Commission on Marijuana Policy Youth Work Group to bear on the question of how the new revenue stream soon to come from legalization of cannabis by Prop 64 dedicated to funding youth services can be used most effectively. Long a voice for those too young to be heard when he co-founded the National Association for Children of Alcoholics, Dr. Cermak continues to speak out on the need to temper the promotion and use of adult substances in order to protect youth.

9:30 – 10:30 AM ADOLESCENT DEVELOPMENT AND GRAND BALLROOM
SUBSTANCE ABUSE

Paula D. Riggs, MD, Professor and Director of the Division of Substance Dependence in the Department of Psychiatry at the University of Colorado School of Medicine
Dr. Riggs’ presentation will take a developmental and evidence-based approach to understanding, identifying, and addressing risk factors associated with adolescent substance abuse and implications for transforming behavioral healthcare delivery and systems of care for youth and families.

10:30 – 10:45 AM BREAK

WEDNESDAY, NOVEMBER 8, 2017, CONTINUED

10:45 – 12:00 PM

EVIDENCE BASED TREATMENT AND GUIDELINES GRAND BALLROOM FOR ADOLESCENTS WITH SUBSTANCE USE DISORDERS

Michael L. Dennis, PhD, Senior Research Psychologist Chestnut Health System and Director of its Global Appraisal of Individual Needs (GAIN) Coordinating Center

Dr. Dennis will review the evidence behind effective and cost-effective treatment for adolescents with substance use disorders (SUD). This includes 1) summarizing the recommendations for providing evidence based treatment to adolescents with SUD from National Institute of Alcohol Abuse and Alcoholism (NIAAA), National Institute on Drug Abuse (NIDA), Office of Juvenile Justice and Delinquency Prevention (OJJDP), and Substance Abuse and Mental Health Services Administration (SAMHSA), 2) illustrating the data behind these recommendations from multiple meta analyses, large studies, and replications across multiple settings (community, school, justice), and 3) looking at the trends in youth presenting to SUD treatment in California. The presentation will conclude by looking forward at some emerging issues related to the use of technology and value based contracting for SUD treatment as a chronic condition in order to reduce total health care cost.

12:00 – 1:30 PM

LUNCH (INCLUDED WITH REGISTRATION) GRAND BALLROOM

1:30 – 3:00 PM

SCREENING, BRIEF INTERVENTION, AND REFERRAL . . . GRAND BALLROOM TO TREATMENT FOR ADOLESCENTS: LESSONS LEARNED AND CONSIDERATIONS FOR CALIFORNIA

MODERATOR: Howard Padwa, PhD, Research Scientist, UCLA Integrated Substance Abuse Programs (UCLA-ISAP)

PANELISTS: Tim Condon, PhD, Research Professor at the Center on Alcoholism, Substance Abuse, and Addictions at the University of New Mexico

Leigh Fischer, MPH, Associate Senior Researcher at Abt Associates, Inc

Shannon Gwin Mitchell, PhD, Senior Research Scientist at Friends Research Institute, Inc.

Stacy Sterling, DrPH, MSW, Drug and Alcohol Research Team (DART) and Behavioral Health Research Initiative at the Kaiser Permanente Northern California (KPNC) Division of Research

The panel will provide an overview of Screening, Brief Intervention, and Referral to Treatment (SBIRT) for adolescents, with a focus on ways that adolescent SBIRT can potentially enhance the development of SUD service systems across California. Panelists will discuss: how the implementation of SBIRT for adolescents can contribute to the ongoing transformation of SUD services in California under the DMC-ODS Waiver; the state of research on adolescent SBIRT and its implementation; evidence generated from the implementation of adolescent SBIRT in a large primary care system in California; challenges and benefits of implementing SBIRT for adolescents in school settings; implementation considerations for adolescent SBIRT in rural communities; lessons learned from a national initiative to implement adolescent SBIRT in diverse treatment settings; ways that SBIRT can be utilized to minimize cannabis-related harm and promote public health as California implements Proposition 64.

3:00 – 3:15 PM

BREAK

WEDNESDAY, NOVEMBER 8, 2017, CONTINUED

3:15 – 4:15 PM

THE TEEN HEALTH VAN: PROVIDING GRAND BALLROOM FREE CARE TO UNDERSERVED ADOLESCENTS

Seth Ammerman, MD, Clinical Professor at Stanford University and Founder and Medical Director of the Teen Health Van

The Teen Health Van is a community outreach mobile clinic program of Stanford Children’s Hospital. Partnering with a variety of community agencies, the program provides free, comprehensive primary care services to homeless, uninsured, and underinsured adolescents, utilizing a medical home model. The federal Office of Adolescent Health “Think, Act, Grow” (TAG) initiative has chosen the Teen Health Van program as a successful model of care for helping underserved adolescents and linking them to needed services.

4:15 – 5:00 PM

UTILIZING PEER RECOVERY SUPPORT SYSTEMS. GRAND BALLROOM

D.J. Pierce, OTR/L, MPA, Alcohol and Drug Program Administrator, Marin County Department of Behavioral Health

SPECIAL GUEST: Kaila

Ms. Pierce will facilitate a discussion with a young woman and her journey from early substance use, its progression in her life, and what recovery is like for her today. Hear a recovering young adult’s reflections on how we, as a system, may better engage them in developing a community that it attractive to their younger peers.

5:00 – 6:30 PM

RECEPTION AND POSTER SESSION CAPITAL SALON C

SPONSORED BY THE PARTNERSHIP HEALTHPLAN OF CALIFORNIA

JOIN US FOR NETWORKING, CONVERSATION AND THE CHANCE TO WIN A FITBIT.



Actual FitBit may vary.

THURSDAY, NOVEMBER 9, 2017

8:00 – 8:30 AM **REGISTRATION**GRAND BALLROOM

8:30 – 8:35 AM **OVERVIEW OF THE DAY**.GRAND BALLROOM
Elizabeth Stanley-Salazar, MPH, CIBHS

8:35 – 9:45 AM **ADOLESCENT TREATMENT AND PREVENTION:GRAND BALLROOM**
A CRITICAL LOOK AT AN EVOLVING PARADIGM
THROUGH A PUBLIC HEALTH AND SOCIAL JUSTICE LENS

Evan Elkin, Executive Director, Reclaiming Futures

The field of adolescent substance use treatment and prevention has been a unique work in progress. There is no other behavioral health treatment paradigm where the understanding of the problem and the development of best practice standards have been driven less by traditional community treatment and research settings than by the demands of youth serving systems like the juvenile justice system which in many communities – particularly poor communities and communities of color - is the primary referrer and in some instances the delivery setting for adolescent substance use treatment. This keynote presentation will discuss the challenge of building developmentally aligned and public health-oriented prevention and treatment strategies and explore the collateral consequences associated with the central role that the juvenile justice has played in shaping the field of adolescent treatment and prevention.

9:45 – 10:45 AM **YOUTH SUBSTANCE USE DISORDER TREATMENTGRAND BALLROOM**
SYSTEM: A MANAGED CARE MODEL FOR A
CONTINUUM OF CARE

John Connelly, PhD, Acting Deputy Director of the Substance Abuse Prevention and Control Division of the Los Angeles County Department of Public Health

Gary Tsai, MD, FAPA, FASAM, Medical Director and Science Officer for the Substance Abuse Prevention and Control Division of the Los Angeles County Department of Public Health

The Drug Medi-Cal Organized Delivery System (DMC-ODS) Waiver transforms substance use disorder (SUD) treatment services in counties that decide to opt-in to this Medicaid waiver. DMC-ODS requires these counties to drastically revamp their Drug Medi-Cal (DMC) programs to establish managed care delivery systems with a broader range of SUD treatment services and a fuller continuum of care. The DMC-ODS Waiver presents an extraordinary opportunity to demonstrate the health and societal outcomes of better funding SUD treatment through Medicaid. Given that publicly-funded adolescent SUD treatment systems have traditionally been under-developed throughout California, the DMC-ODS Waiver also gives counties an opportunity to re-think how SUD treatment systems for young people can be redesigned to better meet their varied and unique SUD needs. This presentation will focus on key issues related to redesigning the adolescent SUD treatment system that Los Angeles County considered when preparing for the DMC-ODS Waiver. Topics include addressing the issue of conflicting terminology for youth and its impact on policy, defining “at-risk” youth that are eligible for DMC services, establishing a developmentally appropriate continuum of care for youth, EPSDT services and early interventions, aligning DMC-ODS and prevention funding to maximize services, school-based services, patient flow through the system, youth assessments and other clinical considerations, and challenges, and future opportunities.

THURSDAY, NOVEMBER 9, 2017, CONTINUED

10:45 – 11:00 AM **BREAK**

11:00 – 12:00 PM **BREAKOUT SESSIONS**

BREAKOUT 1: INDICATED PREVENTION: CALIFORNIA SALON 1 WELCOME TO ADOLESCENT SERVICES

William W. Harris, MPS, CCPS, CADC-II, Assistant Regional Manager of the Substance Abuse Prevention and Treatment Program at Riverside University Health System, Behavioral Health

Jan Ryan, MA, Coordinator of Student Assistance Program of the Substance Abuse Prevention and Treatment Program at Riverside University Health System, Behavioral Health

As the need to provide evidence based adolescent services becomes more critical, it is the ideal opportunity to undo the perception that substance use and mental health services begin with treatment. This workshop tracks how the Institute of Medicine validates Indicated Prevention as a more appropriate way to meet the needs of those at risk for substance use problems but not yet meeting the need for a referral to assessment. Prevention Coordinators across CA use different approaches to Student Assistance Programs (SAP) to reach youth and families in the setting most common to every community – the school. SAP models from 12 counties demonstrate how investing SAPT Block Grant funds leverages mandates and partnerships to build a sustainable infrastructure. Each moves beyond any single assessment tool or checklist to both coordinate and provide direct services that address Risk and Protective Factors experienced individually and with peers in the school, family and community.

BREAKOUT 2: ENGAGING AND RETAINING LGBTQ CALIFORNIA SALON 2 YOUTH IN CULTURALLY RESPONSIVE SERVICES

Thomas E. Freese, PhD, Co-Director and Director of Training for UCLA Integrated Substance Abuse Programs and Director of the Pacific Southwest Addictions Technology Transfer Center

LGBTQ youth experience significant health disparities, including increased drug use and suicide attempts. LGBTQ youth continue to experience stigma and discriminatory attitudes from both clinicians, educators and the community. The goal of this workshop is to develop provider skills in delivering culturally responsive prevention and treatment services for LGBTQ youth, especially those dealing with co-occurring substance use, mental health disorders (COD), and/or physical health disorders.



Welltopia was created to encourage and inspire you to find your best self. Welltopia is a place where you can connect directly to credible resources that empower healthy personal, family, and community development.

THURSDAY, NOVEMBER 9, 2017, CONTINUED

11:00 – 12:00 PM

BREAKOUT SESSIONS, CONTINUED

BREAKOUT 3: SCREENING, ASSESSMENT AND CALIFORNIA SALON 3 CLINICAL DECISION SUPPORT FOR ADOLESCENT SUBSTANCE USE DISORDER (SUD) TREATMENT

Michael L. Dennis, PhD, Senior Research Psychologist Chestnut Health System and Director of its Global Appraisal of Individual Needs (GAIN) Coordinating Center
Barbara Estrada, MS, Software Manager and Senior Evaluator at Chestnut Health Systems, Lighthouse Institute

Over 90% of people with substance use disorders (SUD) start using under the age of 18 and meet criteria by age 20 – thus SUD is primarily on-sets during adolescence. Intervention during the first 9 years of use is associated with reducing the decades of use by more than half. Treatment, recovery support and reduced substance use/ symptoms are associated with reduced health care utilization and costs, reduced crime and costs, and improved educational test scores. Given this, adolescent substance use needs to be identified and addressed as soon as possible. By using evidence based screening tools pediatricians, emergency room doctors, psychiatrists, school counselors, probation officers and other providers can quickly determine an adolescent's severity of substance problems and provide a brief intervention or refer to a SUD treatment program. Given that over half the adolescents entering SUD treatment have 5 or more of 16 major clinical problems and as well as a wide range of developmental, gender, and cultural consideration, it is also essential that treatment providers use evidence based assessment and clinical decision support as well. This session will provide an overview of the need for and gaps in evidence based screening, assessment and clinical support, and then provide examples of what the results look like using data from the Global Appraisal of Individual Needs (GAIN) family of instruments.

BREAKOUT 4: PARTNERING WITH MENTAL HEALTH: . . . CALIFORNIA SALON 4 BUILDING AN INTEGRATED YOUTH SYSTEM OF CARE

Sue Nelson, EdD, Division Director of Prevention Services, Alcohol and Drug Services, Santa Clara County Department of Behavioral Health

Attendees will leave this session with a thorough picture of how to successfully integrate co-occurring treatment services with their Mental Health counterparts as part of the 1115 Waiver. An integrated assessment will be shared that is based on the ASAM and satisfies both Mental Health and Substance Use title regulations. A review of screening tools, and a recommended tool will be provided, as well as a comprehensive training program that trains mental health and substance use treatment staff on effectively assessing and treating co-occurring disorders.

BREAKOUT 5: MEETING YOUTH WHERE THEY ARE: REDWOOD CULTURAL COMPETENCY AND SCHOOL SETTINGS

Kiran Savage-Sangwan, MPH, Health Integration Policy Director at the California Pan-Ethnic Health Network (CPEHN)
Molly Baldrige, MPH Project Director at CSHA

This workshop will explore strategies for designing and providing culturally competent SUD services for young people, including in school settings. We will provide demographic overviews, community engagement strategies, and examples of programs that schools are implementing to provide prevention, screening, and intervention services to youth.

THURSDAY, NOVEMBER 9, 2017, CONTINUED

11:00 – 12:00 PM

BREAKOUT SESSIONS, CONTINUED

**BREAKOUT 6: RECOGNIZING AND PROMOTING TERRACE
RESILIENCE IN SUBSTANCE USING HOMELESS YOUTH**

Carrie Mounier, LCSW, Clinical Supervisor, Substance Abuse Prevention and Treatment Program, Division of Adolescent and Young Adult Medicine, Children’s Hospital Los Angeles

Working with young people and promoting resilience requires an understanding of adolescent development, the impact of trauma, and substance use and mental health disorders. We support youth best when we view them as whole persons with endless possibilities who happen to be using or abusing substances, for reasons that we don’t yet fully understand. This presentation will use a clinical vignette to discuss the clinical and programmatic needs of homeless youth, differentiate provider preferences from youth needs, explore harm reduction from a restorative justice lens, and emphasize youth self-determination in access to care.

12:00 – 1:00 PM

**LUNCH (INCLUDED WITH REGISTRATION) GRAND BALLROOM
ORIGINAL MUSIC CREATED BY TEENS IN RECOVERY**

1:00 – 2:00 PM

COUNTY COLLABORATIVE ROUNDTABLES GRAND BALLROOM

We have heard a lot of data and information about adolescent development and growth, needs, risks and Interventions. This session will provide participants the opportunity to collaborate as members of their local communities. The groups will process the Summit information using the Focused Conversation Method created by ICA Associates or the “What, Gut, So What, and Now What!” model of conversation.

2:00 – 3:00 PM

**CANNABIS LEGALIZATION: UNDERSTANDING THE GRAND BALLROOM
POLICY LANDSCAPE, DESIGN CONSIDERATIONS,
& EMERGING EVIDENCE**

Beau Kilmer, PhD, Senior Policy Researcher at RAND Corporation and Interim director of RAND’s new San Francisco Bay Area Office

Dramatic changes in the cannabis policy landscape continue to drive debate about the consequences of legalization. As restrictions on cannabis use ease, the impact on public health and safety remain a hot topic. This presentation will explore the recent changes and focus on ten design choices that will shape the consequences of cannabis policy change: production, profit motive, promotion, prevention, policing and enforcement, penalties, potency, purity, prices and permanency.

3:00 PM

**CLOSING REMARKS GRAND BALLROOM
Elizabeth Stanley-Salazar, MPH, CIBHS**



CIBHS
CALIFORNIA INSTITUTE FOR
BEHAVIORAL HEALTH SOLUTIONS

LEADERS IN
POLICY,
TRAINING,
EVALUATION
AND RESEARCH

2125 19th Street
Sacramento, CA 95818

Phone: 916.556.3480
Fax: 916.556.3478

CIBHS.ORG